PEAK EXPIRATORY FLOW RATE - NORMAL VALUES
For use with EU/EN13826 scale PEF meters only

In men, readings up to 100 L/min lower than predicted are within normal limits. For women, the equivalent figure is 85 L/min. Values are derived from Caucasian populations.

Adapted by Clement Clarke for use with EN13826 scale peak flow meters from Nunn AJ Gregg I, Br Med J 1989:298;1068-70

Clement Clarke has developed mathematical equations that will allow conversion of P.E.F. readings from Wright-McKerrow scale to EN 13826 scale, and vice-versa. Contact us directly, or visit the website

www.peakflow.com